



## APRA Player/Parent Protocols For Each APRA Session/Event

### What you need to do before coming to the Rink!

- ✓ Confirm your attendance through TeamSnap for all APRA events (48 hours or more prior to event)
- ✓ Complete your health attestation within 8 hours of the APRA event through TeamSnap.
- ✓ If you and/or your child are feeling unwell or exhibiting any related cold or flu-like symptoms (runny nose, sore throat, fever, cough, etc.) you must advise your team and stay home until symptoms have ended.
- ✓ Ensure your equipment is clean and you have everything you need to precede onto the ice (ie. mask, sanitizer, etc.)

### Arriving and Entering the Facility

- ✓ Players will be required to arrive at least 15 minutes prior to going on the ice in Ajax and 20 minutes prior to going on the ice in Pickering. Players will be allowed into the arena 10 minutes before Ajax sessions and 15 minutes before Pickering sessions. Late entries may not be possible.
- ✓ Players are to arrive wearing on ice gear or be prepared to get dressed in/at their vehicle. Players will be able to put skates on in the arena in designated areas. Dressing rooms will be available in Pickering facilities only, but it is still recommended that players come partially dressed.
- ✓ When dressing rooms are not available, large gear bags are to remain in vehicles. A separate small storage bag, to carry helmet, water bottle and gloves is permitted.
- ✓ Prior to on-ice events, players are to wait outside, in designated waiting area, maintaining social distancing, with only their required ringette equipment.
- ✓ Parents and players are required to wear a mask and use hand sanitizer upon entering the arena.
- ✓ Players and parents will be met by a coach/cohort leader/trainer at designated entrance locations.
- ✓ Players will be asked to line up (social distancing) at the door and will be allowed to enter based on clearance (all forms submitted, attendance confirmed, health attestation complete and approved).
- ✓ One parent per player will be permitted to enter the facility. Parents will be required to maintain social distancing, and proceed to the designated viewing area. *There are no in and out privileges.*

### During Session

- ✓ Maintain social distance of 2 metres at all times, on and off the ice.
- ✓ No sharing of water bottles or equipment.
- ✓ No player will move or touch rings, cones or other game equipment with their hands/gloves.
- ✓ If any player needs their parent for an emergency or equipment malfunction, they will tell the designated cohort leader off ice who will then communicate to their parent. The cohort leader will ensure, following facility guidelines that the parent and player meet in a designated area, if required.
- ✓ Parents are to stay within the designated viewing area for the duration of the session.

### Exit & Departure

- ✓ All participants will be asked to leave the facility promptly.
- ✓ Upon completion of the session, parents will exit the facility, maintaining physical distancing.
- ✓ Players are encouraged to use hand sanitizer after session, put skate guards on or remove skates quickly, remove helmet and put their facemask on. Their helmet, gloves and water bottle are to be put into their small storage bag that they entered the facility with.
- ✓ Players will line up, single file (2 metres apart) and will follow the coach/cohort leader out of the facility.
- ✓ Players will meet their parents in designated pick up area outside of the facility.