

Ringette Ontario

Team Staff Protocols



- Coaches must maintain the Rule of Two at all times
 - Coaches must maintain social distance of 2-metres from athletes, other coaches, parents and patrons at all times
 - Coaches should ensure they have their own water bottle that is well labeled and kept separate from the athlete's water bottles
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Pre-Event Responsibilities:

- If you are feeling unwell, or exhibiting any related symptoms, you must stay home
 - Coaches should ensure that their equipment is clean prior to going to a session. This includes sanitizing gloves and helmet, washing their water bottle, and washing their individual helmet and glove bag.
 - Ensure all coaching equipment (cones, white board, rings, helmet, gloves) have been sanitized prior to arriving at the facility
 - Coaches should utilize an online team organization software such as RAMP Team App, TeamSnap for attendance, ensuring that they will not be going above the maximum number of participants at any session
 - Once it is 48 hours before the session, coach should communicate with those who have marked themselves as a No, Maybe, or have not replied, and let them know that they will be unable to attend the upcoming session
 - Create a practice plan that are skill based and should not include any game scenarios or activities that require athletes to be less than 2 metres apart.
 - Coaches should send practice plans to athletes and families at least 12 hours prior to avoid close gatherings around white boards and maximize the likely reduced ice time. In addition, if parents are not able to enter the facility, they will know what their children are working on that day.
 - Coach should ensure that they have all of their equipment and required materials, including PPE, hand sanitizer, sanitizing wipes, packaged tissues, marker/labels (water bottles), and bingo dabbers (ice marking)
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Arrival and Entrance:

- Coaches should bring only necessary items into the arena
- Coaches should come wearing the clothes they plan to wear under their coaching gear on the ice
- Wash hands immediately upon arrival
- Coaches should follow facility guidelines and protocols for entrance to the arena
- Wear a mask upon entrance, which can be removed upon putting their helmet on

- Once dressed, coaches should place their belongings in a bag that can be closed, and place it in an area where there will be no athletes (penalty box, locked dressing room if allowed etc.)
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Pre-Session Preparation:

- 10 minutes prior to the session, bench staff will meet the athletes at the designated entrance, and will go through the COVID-19 Pre-Practice Checklist
 - "Have you travelled anywhere in the past 14 days", "Are you feeling unwell?", "Have you been in contact with anyone who has a confirmed, or suspected case of COVID-19" etc.
 - If any athletes, or their parents, answer yes to any of the questions on the checklist, they must return home and will not be permitted to attend the session
 - Bench staff will walk to the designated entrance area for participants and bring the participants inside no more than 5 minutes prior to their ice time. Coaches and athletes will maintain a 2-metre social distance from each other at all times. Bench staff will lead athletes to the arena following the facility guidelines and protocols
 - Bench staff should use a bingo dabber to draw spaces on the ice where needed for the upcoming activities to ensure social distancing (particularly for U14 and below)
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During Session:

- Must maintain Rule of Two at all times
 - Maintain a coach to athlete ratio of 1:5
 - Lead activities that do not require contact, or that athletes come less than 2 metres apart from each other
 - Where possible, keep athletes in small, separate groups
 - Coaches will be the only individuals allowed to touch the rings or other equipment
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Post Session Wrap-Up:

- Coaches will lead athletes out of the facility, maintaining social distance, to the designated exit
 - Coaches must sanitize all rings and facility spaces (benches, gates, nets) prior to leaving the facility
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Exit & Departure:

- Coaches must place their helmet and gloves in a personal bag, inside of their gear bag.
- Wash hands prior to leaving the facility
- Place mask on after removing helmet
- Coaches will exit the facility, following facility guidelines and protocols